



# 2018 Spring Calendar

Food for the body and for the soul  
10:30am-12:00pm

1/7	<b>3 Part Panel on Healthy Living</b> With Julie Sapper, RRCA Level 2 Run Coach; Dr. Jennifer Lager, liscened clinial psychologist and Melissa McDonough, Registered Dietician Start the new year on a good foot & learn some tools for a healthier, more meaningful life.
1/21	<b>Journey of the Soul: The Afterlife and Reincarnation in Jewish Thought</b> With Shlomo Buxbaum This class, based on Jewish Kabbalistic sources, will delve deeply into understanding more about where our souls are coming from and where they are going.
2/11	<b>Reclaiming Intimacy</b> With Rochel Goldbaum, from Mikvah USA Hear from Rochel Goldbaum, inspirational speaker and personal mentor, as she shares her wisdom and experience on 3 tools for a healthy marriage.
2/24	<b>Saturday Night White Purim Party</b> With Shlomo and Devorah Buxbaum Join us as we celebrate the true joy of Purim. With l'chaims, learning and laughter, you will be sure to have a great time. *More details to follow. Special evening program.
3/4	<b>From Purim to Passover: Unlocking the Inner Meaning of the Holiday Season</b> With Shlomo Buxbaum Purim is about joy. Passover is about freedom. This class will give you a deeper understanding of the holidays and how to use it for personal transformation.
3/18	<b>Spice Up Your Seder</b> With Devorah Buxbaum Join us for a charoset tasting and mock seder like you've never attended before, that will keep you and your children informed and engaged for Seder night.
4/8	<b>Yom Hashoah</b> Engage our children and the younger generations in the Holocaust with a fresh perspective on bringing light to the world, especially in times of great darkness, featuring a very special Holocaust survivor.
4/15	<b>Good Deeds Day</b> With Devorah Buxbaum Give back with us as we participate in Good Deeds Day with our JWRP family.
4/29	<b>Paint and Sip with a Twist</b> With Devorah Buxbaum and JDS Bond with other JWRP participants while unleashing your creativity on the canvas. You don't have to be an artist for this special event full of meaning and painting. *At 1901 East Jefferson Street Rockville, MD 20852.
5/6	<b>Jerusalem U</b> Learn with us at a unique Jerusalem University presentation on understanding some of Israel's incredible assets and struggles, which will leave you feeling connected to the land and proud to be a Jew.
5/10	<b>A Night of Wine and Cheese</b> With Devorah Buxbaum An inspiring evening finale to cap off an incredible semester. *Details to follow. Special evening program.
5/20	<b>Shavuot Program</b> With Devorah and Shlomo Buxbaum Learn more about how to connect with this special holiday and this fascinating time of year. *Separate from regular M.A.L.L. programming.

[aishgreaterwashington.com/mall](http://aishgreaterwashington.com/mall)

